

NFHS Track &Field

2011 Track and Field Rules Interpretations

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Corrections to Rules Book: Page 31, Rule 5-3-7, Notes 1, 2nd line change 30 centimeters to 20 centimeters; Page 55, Rule 7-5-8, 3rd line landing box should be plant box; Page 70, Rule 9-6-3 item d should be shaded; Page 71, Rule 9-7-4 should be See 4-6-7.

Corrections to Case Book and Manual: Page 6, 7.4.11 Situation, 2nd line should be "They are tied and both..."; Page 86, 7.5.29 Situation H, 1st line change valuter to vaulter.

SITUATION 1: In the preliminaries of the shot put, competitor A is also entered in the 400-meter dash. He/she is to be excused to run and the event judge tells competitor A that he/she must take all his/her throws in succession. **RULING:** Incorrect procedure. **COMMENT:** The head event judge may change the order of competition to accommodate a competitor to participate in another event. Taking more than one trial in succession is permitted at the competitor's discretion. (6-2-6)

SITUATION 2: A vaulter enters the competition at 13 feet and clears the bar on his first attempt. He then passes on the next three heights before re-entering the competition. The vaulter requests (a) to have the two minutes of warm-ups; (b) a run-through without the bar in place. **RULING:** Both (a) and (b) are denied. **COMMENT:** Competitors in the pole vault who have not entered the competition and passed three heights shall receive the two minutes of warm-up jumps per the number of competitors entering at that height. There is no additional warm-up once a competitor enters the competition, passes several heights, then re-enters the competition. (7-5-16)

SITUATION 3: A competitor on Team A violates the rules by wearing jewelry during competition in the 110-meter high hurdles. The referee notifies the head coach of the violation and that the team warning is issued. Before the coach talks to any of his/her athletes, a second competitor is observed wearing jewelry in competition and is disqualified. The coach protests that he/she did not have time to remind all the athletes to remove jewelry. **RULING:** Protest is denied. **COMMENT:** Each competitor has the responsibility to be in compliance with Rule 4-3-3. The coach has the ultimate responsibility to have his/her athletes in compliance with all rules related to uniform and jewelry. The warning issued by the referee is to give notice to the coach that further violations shall result in disqualification. It is not intended to have a time period built in for the coach to contact all of his/her athletes. This may occur, but is not a part of the rule. (4-3-3 Penalty)

SITUATION 4: A competitor in the high jump has passed three consecutive heights before entering the competition. The event judge allows the competitor (a) one warm-up jump without the crossbar in place; (b) two minutes of warm-up jumps without the crossbar in place. **RULING:** Correct procedure in (a), and incorrect procedure in (b). **COMMENT:** The warm-up procedures for a competitor(s) who has passed on three heights before entering the competition is different between the high jump and pole vault. (7-4-9, 7-5-16)

SITUATION 5: In the 1600-meter run, two competitors from Team B are observed wearing ankle bracelets. At the completion of the race, the violation is reported to the meet referee, who confirms the violations and notifies the head coach of Team B that a team warning is issued and neither competitor in the race is disqualified. **RULING:** Correct procedure. **COMMENT:** Due to this being the same race and the violations reported at the same time, the referee will use his/her discretion in this case and issue the team warning with no disqualification for the violations occurring at approximately the same time. (4-3-3 Penalty)